

LISA DANFORTH

Speaker. Business & Lifestyle Strategist. Mentor

Lisa Danforth is a Speaker, Business & Lifestyle Strategist, and Mentor helping established women entrepreneurs have less overwhelm, more control, and higher productivity in their business. As a 27 year, 4-time business owner, she's created several successful lifestyle businesses and knows what it takes to get there. She inspires audiences to slow down while keeping momentum and to implement effective systems, teams, and best practices. Lisa shares her time-tested secrets of how to work less, enjoy more, and get your life back.



Work Less. *Enjoy life More.* Be More Profitable.

TALK ONE

Mastering Time Management

Slow Down Without Losing Momentum

Practical strategies to gain clarity, focus, and precision decision-making so you can scale your business without the overwhelm.

- Align today's decisions and activities with long-term vision and goals.
- Learn key time management tools and how to set healthy boundaries around your time.
- Plan, prioritize, and take action.
- Practice simple fundamentals to improve focus, gain traction, and achieve success.

TALK TWO

Mindset Strategies for Business Success

Address overwhelm and procrastination once and for all. Be inspired, empowered, and equipped with action plans that lead to business success.

- Learn the number one way to empower yourself and your business for success without apology!
- Own your greatness with confidence and intention.
- Take inspired action, leaving overwhelm and procrastination behind.
- Unhook from what others think to master your journey to business success.

"Energetic, enthusiastic, and engaging. People asked for her to come back. She's pleasantly persistent and right to the point."

—Margaret Ferguson,
Business Support, Micro Business Development

"A dynamic speaker who has provided value to our clients...able to address the needs of diverse business owners."

—Gwen Pokalo, Center for Women & Enterprise

CONNECT WITH LISA

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 PlayBigBeMore

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MEMBERSHIPS



MEDIA HIGHLIGHTS

